

CS 1 Course Format

Revised November 2024

Day 1: Exploring Fundamental CS Concepts

Part 1: Review of key CS concepts to help participants thrive when teaching children while assessing certain aspects of their knowledge base: - CS Learning Connection Model - *What makes CS different?*

- The CAP Model – *Cognitive, Affective, Physical domains*
- *Physical growth and Psychomotor development*
- *Cognitive Development and Information Processing*
- *Affective Behaviors and Beliefs*

Part 2: Movement Analysis: Participants will be assigned a video for this portion. Assessors will provide a MA Worksheet and a demo on how to properly execute Movement Analysis with Children. Assessor will decide if this is better served as an individual or group activity

Motor Skill Development
Understanding of Biomechanics
Equipment Options

Participants will be asked to complete a Sample Lesson Plan following their MA session before leaving for the day

Prescription

Day 2: Teaching Presentations: “Bringing It All Into A Lesson”

This is the assessment portion of the event where participants will present developmentally-appropriate teaching assignments in a peer group setting. Participants will:

- Demonstrate their understanding of fundamental CS concepts
- Present children’s lesson activities in a developmentally-appropriate manner through the intermediate zone
- Actively participate in all group discussions

15 minute Teaching Presentation will assess these Teaching and People Skills:

Communication: Parent & Child, Cognitive Level of Children,
Communication: Social/Emotional Level of Children Determine
Goals
Terrain and Skill Choices
Learning Experiences
Progressions and Activities
Manage Risk
Reflect and Review

Each candidate will be asked to answer questions relative to Scenario Cards selected by the Assessor.

Emotional Responses

Social Interactions

Parent/Child/Instructor Situations

A CS1 certificate is awarded if the participant meets the minimum standards for this course as outlined in the CS1 Course Learning Outcomes.